

The DORSET COAST 200km AUDAX – SUNDAY 13th APRIL 2014

Start: from **0745 HOURS** at **PARISH HALL, WAREHAM QUAY – River Frome**

The Parish Hall is situated off Wareham Quay (from North, through town & on left before bridge). There is no parking at the Quay. Free parking has been arranged at front of Purbeck School by roundabout to west of Wareham.

OS Maps 193, 194 & 195 cover the route. You actually cycle to places in capitals and underlined (although they may be stated in small letters when given as signpost information). Crossroads and other junctions where you have right of way are not usually mentioned. Items in italics are additional bits of information which may help you to find the route or establish that you are where you should be. Details of the controls are given below:

<u>Place and Distance</u>	<u>Opening Times</u>	<u>Type</u>	<u>Information</u>
Start – Parish Hall Wareham Quay	from 0700 Start: 0745	Hall	Please park at Purbeck School by roundabout to west of town. There will be access to toilets and refreshments at the Parish Hall - where you collect your brevet card, ferry ticket and lunch ticket before starting.
Sandbanks Ferry (27km)	0839 - 0933	Sticker	Collect your Sticker on ferry as proof of passage. Toilets available before you board. If you miss first ferry, obtain stamp from kiosk over the water.
Weymouth (78km)	1023 – 13.01	Café	Complimentary tea or coffee included. Selection of cakes & other snacks available. Room in basement reserved for riders. Toilets upstairs. Staff may be busy - please be patient - we want to return!
Axminster (134km)	1215 - 1645	School	Lunch included in your entry fee – but please carry emergency rations or use the shop in Chideock – you might need food before Axminster.
Dorchester (183km)	1353 - 2001	Café	Excellent cyclists Café. Loos in car park.
Finish – Wareham Quay (207km)	1439 - 2115	Hall	Finish at Parish Hall. Hot Refreshments available, and don't forget to buy your SPECIAL COAST MEDAL.

THE DORSET COAST ROUTE

Route Sheet Abbreviations: R: Turn Right; L: Turn Left; SO: Straight On; Rbt: Roundabout; T: T junction; Xrds: Crossroads; Lights: Traffic Lights; sp: Sign Post;

① **THE FERRY DASH** **27km**
R out of Wareham Quay carpark
SO at lights
3rd exit Rbt, over railway bridge.
2nd exit Rbt, cont. over several Rbt's & lights.
SO A35 Rbt (*Bakers Arms*) sp **LYTCHETT MINSTER**
Through Lytchett Minster on B3067 to **UPTON**.
R at double RBT on B3068 to **HAMWORTHY**.
In 3km, **L** at lights (Rigler Rd) over new Bridge.
Follow road round **L** bend & get in RH Lane
R & follow road **L** sp Town Centre.
SO Lights & over Railway Flyover
2nd exit RBT (sp Bournemouth)
Get in RH Lane
R & follow road **L** (sp Bournemouth)
SO Roundabout
At Civic Centre Gyratory follow **R**, then **L** ("Sandcastle" Lanes) B3369 and continue to **Checkpoint** at **SANDBANKS FERRY** – Grid Ref: SZ037871
Opens 08:39 Closes 09:33 (Total: 24km)

② **PURBECKS TO THE BEACH** **52km**
Continue thru **STUDLAND** to **CORFE CASTLE**.
R at T (A351) & immediately **L** to **CHURCH KNOWLE**. Continue on this road for a further 4.5km (*up Steeple Hill*).
At top **L** past military checkpoint.
L at T. **L at T** (at **EAST LULWORTH**)
L at T to **WEST LULWORTH** (*descend*)
R at War Memorial (*look out or you'll miss it*).
R at T (Climb to *Daggers Gate*) continue to **L at church** (sp **West Chaldon**) (59km)
L on Village Green, **L at T** (SP To The Church)
Through **West Chaldon**, **L at T** onto A352
SO RBT TO BROADMAYNE
L (xrds by Garage) sp Preston (Chalky Rd)
L at X at top of hill, sp Preston/WEYMOUTH
L at T and shortly **R** at RBT to **WEYMOUTH**.
SO lights at Clock Tower. Continue to **Control** at **Criterion Café** on **R** just beyond KingsStatue. (**Park bikes by railings on Prom**)
Opens 10:23 Closes 13:01 (Total: 76km)

"Ride according to the rules of the road, within your limits, and enjoy the scenery"

③ ROLLERCOASTER TO DEVON (56km)

L from control and retrace to Clock Tower.
L at lights
R at lights at Major Junction (*by KFC*) – use cycleway along lakeside
L at T (*no sp*). Descend over road bridge and river bridge then just before road rises:
R (*no sp*) onto Causeway Rd
R at T (*Harbour Hill*) to **NOTTINGTON**
L at T (actually S/O) in village, *sp Abbotsbury*
R at T *sp* Bridport on B3157
Next **L** *sp* **RODDEN**
1st **R** *sp* Abbotsbury Swannery
Continue to **ABBOTSBURY**
L at T and climb Abbotsbury Hill on B3157.
Pass through **SWYRE** & **BURTON BRADSTOCK**
3RD exit **RBT** to **BRIDPORT** Town Centre
L at lights *sp* Leisure Centre (*by Palmers Brewery*)
Continue across bridge over A35 then
2nd **L** *sp* Higher Eype
L at T onto A35 *no sp*. **Beware fast traffic from R**
Descend to **CHIDEOCK** (*watch your speed... or just smile!*) *Make use of the shop – no more till Axminster.*
R by church *sp* North Chideock
L *sp* Morecombelake
R at T *sp* Ryall
Continue to **WHITCHURCH CANONICORUM**
Just past National School
R at Xrds *sp* **WOOTON FITZPAINE**
R in Wooton Fitzpaine *sp* Monkton Wyld
L *sp* Monkton Wyld
At top of hill, over double junction & **L at T** on to (B3165)
2nd **R** onto Cooks Lane
R at T, Down hill into **AXMINSTER**
2nd **R** into *Stoney Lane* (*after Lamb Inn/ 20 Signs*)
and **R** into **CONTROL** at
Axminster County Primary School
Grid Ref: SY302985
Opens 12:15 Closes 16:45 (132km)

④ THE ROMAN RETREAT (49km)

L from school. **L at T** *sp* Dorchester on B3261
1st **L** into Sector Lane up hill....!
L at T *sp* Crewkerne B3165
R in **MARSHWOOD** *sp* **BROADOAK** (*by church*)
SO Xrds to **SHAVES CROSS**
Continue on this road to **SO Xrds** with B3162
R onto A3066, **L** *sp* Loders
1st **R** (after 2 cul de sacs) *sp* Bradpole to **LODERS**.
Continue through **UPLODERS** past Spyway Inn and at top of hill
R (*xrds*) *sp* Dorchester & along the Roman Road
SO at junction *sp* Dorchester. Down Hill to
R at Xrds *sp* Winterbourne Abbas.
R at T (A35) then very shortly
L and **L** into **WINTERBOURNE STEEPLETON**
Continue on this road to **MARTINSTOWN**.
L at end of village *sp* Dorchester (B3150)
3rd exit at **RBT** on B3150 **DORCHESTER**
Follow tortuous route through Poundbury, then through lights, pass “The Keep” on your left
L into “Top o’ Town” Car Park just before RBT for **DORCHESTER CONTROL** at
Top O’ Town Cafe in Car Park
Grid Ref: SY688907
Opens 13:53 Closes 20:01 (183km)

5 THE HOME STRAIGHT (24km)

L from Car Park onto B3150 (exit opp. Café)
SO RBT down through Town eastwards
SO RBT (crossing bypass A35T)
Through **TINCLETON**
SO Xrds (B3390) (*sp* Wareham)
R at T then **L** (*sp* Wareham)
L at T (*sp* Wareham)
SO at Rbt into **WAREHAM**
R at lights
L into Wareham Quay to **FINISH** at the Parish Hall HQ – please secure your bike. Grid Ref: 925871
Opens 14:39 Closes 21:15 (Total 207km)

Hope you enjoyed your coastal ride

“Ride according to the rules of the road, within your limits, and enjoy the scenery”